



SAILING INSTRUCTIONS

2017 SUFFERING SUMMER SERIES RACES

1. Rules - The Series will be governed by the rules as defined in [The World Sailing Racing Rules of Sailing 2017-2020 \(RRS\) Part 1, Part 2, and Appendix A, T., and these Rules:](#)

2. Notices to Competitors will be posted on the Official Notice Board located on the northeast-facing wall of the AYC clubhouse, lower level.

2.1. Any changes to the Sailing Instructions will be posted on the Official Notice Board, prior to the next race.

3. Signals Made Ashore

3.1. Signals made ashore will be displayed from the AYC flagpole

3.2. When a signal is displayed over a class flag it applies to that class only.

3.3. When the AP flag is displayed ashore, "1 minute" is replaced with "not less than 30 minutes in Race Signal AP."

4. Schedule of Races – Dates of Races for all classes are listed in the Series Notice of Regatta (NOR). The scheduled time of the warning signal for the first race each day is 6:30 pm.

4.1. The completion of one race constitutes a Series.

4.2. The Low Point scoring system of Appendix A of these rules will be used as defined in the NOR.

5. Check in by Competitors – This is an AYC requirement

5.1. In order to be scored, each boat *must* check-in with the Race Committee on-the-water.

5.2. Each boat racing must sail behind the Race Committee boat *on Starboard tack and hail* "the Class she will be sailing in", "the Type of boat she is" and "her Sail Number" and receive an acknowledgment from the Race Committee.

5.3. Boats checking in must check-in *prior to the first signal of the day or only during their start sequence* and before the Preparatory flag is dropped in the sequence.

6. Class Flags - Class Flag designations will be numerical pennants.

7. Courses

7.1. All Long Distance courses are defined on the current 2017 AYC Course Card. Copies of the Course Card will be available at the AYC Clubhouse or in the Race Committee room. Only the latest 2017 Course Card shall be used.

7.2. For Start 1 (Multihull) the Course Card will be divided into two sections with a course set for the Multihull "A" Fleet and a shorter course for the Multihull "B" Fleet.

7.3. All Round the Buoys (RTB) courses as shown will be listed as a W-1, W-2, W-3... indicating the number of times around the course, finishing on the Starboard side of the Race Committee boat.

8. Marks

8.1. Marks for the Long Distance course will be AYC and LCRA Marks as defined on the current AYC Long Distance Course Card. Marks for the Round the Buoy Course will be Yellow Tetrahedrons as shown on the RTB Map. The Start and Finish Line will be White Balls.

9. Time Limits

- 9.1. For Round-the-Buoys (RTB) courses, the time limit for each race will be one and a half (1.5) hours for the first boat to sail the course and finish. A boat failing to finish within 30 minutes after the first boat in her class sails the course and finishes will be scored DNF. This modifies rules 35 and A4.
- 9.2. For Long Distance (LD) courses, the time limit for each race will be three (3) hours for the first boat to sail the course and finish. Boats failing to finish within sixty (60) minutes after the first boat in her class sails the course and finished will be scored DNF.

10. Obstructions

- 10.1. The starting area is the area *around* 100 yards of the starting line; within this area, boats whose warning signal has not been made shall keep clear of the line and of all boats whose warning signal has been made.
- 10.2. After the Start, the Finish Line is an obstruction, except when on the last leg of the course. Boats that sail through this obstruction will immediately be scored points equal to DNF.
- 10.3. A boat may correct any errors to comply with this rule, provided she has not finished. This modifies Rule 28.1.
- 10.4. All swim or dive areas are out of bounds.

11. The Start

- 11.1 The Race Committee may alert the first start sequence and second race of the day with a series of short blast (more than 3) at least 1 minute prior to the starting sequence for the first start in that sequence. This modifies RR Appendix "L" 5.2.
- 11.2 The starting line will be between orange line flag on the Race Committee boat and a white buoy on the port end.
- 11.3 The start line for the RTB Race will be a mid-course start/finish line for those races (placing the RC between W & L marks).
- 11.4 The start sequence may be broad cast on the Primary VHF Race Committee Channel 78.
- 11.5 The Starting Signal will be as describe in the Racing Rules of Sailing under Rule 26.

12 Recalls

- 12.1 The RC will attempt to promptly broadcast the sail number of each recalled boat on the primary VHF channel 78. The following shall NOT be grounds for redress:
 - 12.1.1 Failure of a boat to receive the recall broadcast.
 - 12.1.2 Failure of the RC to broadcast recall numbers.
 - 12.1.3 A boat's position in the sequence of broadcast numbers.
 - 12.1.4 A class that has a General Recall will go to the end of the starting sequence for its next start.

13 Change of Course - For Long Distance (LD) courses; the Race Committee may not change the direction or length of any leg of the course after the start. This modifies rule 33.

14 The Finish

- 14.1 The finish line will be between an orange line flag on the Race Committee boat and a white buoy on the starboard end.
- 14.2 The finish line for a Long Distance Course will be an orange line flag on the Starboard side of the Race Committee Boat and a white ball.
- 14.3 If a Long Distance Course must be shortened, the finish line will be an Orange Flag on the Race Committee boat or designated AYC Chase Boat, posted at a mark to be rounded. The Finish boat will set up at a mark on the side that the boats must round. The flags must be posted prior to the first boat of that class, rounding the mark, with one sound signal, posting an "S" Flag, the Orange Line Flag and a course board for the class being shortened.
- 14.4 Classes not being shortened at that mark will return to the original starting area and finish on the Starboard Side of the Race Committee Boat.

15. Scoring – The scoring is defined in the NOR.

16. Protests - Written protests shall be filed with a Race Committee representative in the AYC office. Protests shall be filed within 30 minutes of the Race Committee boat docking after the race. Protests will be heard in the approximate the order of receipt as soon as possible on the day of the race or as soon as reasonably possible.

16.1 For Multihulls ONLY: RRS 44.1 is modified to read “A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing”.

17. Arbitration

17.1. Before any protest is scheduled for a hearing, Appendix T Arbitration and Post Race Penalties meeting will be held for all protests citing alleged breaches of the rules of Part 2 or Rule 31 of the Racing Rules of Sailing that involves two boats and may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident. This modifies rules 63.1.

17.2. A boat takes a Post-Race penalty by delivering to the arbitrator or a member of the protest committee written statement she accepts the penalty and that identifies the race number and where the incident occurred.

17.3 One designated representative, in compliance with rule 63.3(a), for each party will appear with an arbitrator or a member of the protest committee. No witnesses are permitted during arbitration.

17.4 After hearing the testimony of each representative - the arbitrator shall reach one of the following conclusions:

17.4.1. There was no breach of a rule or the protest is invalid. If the representatives agree, the protest is withdrawn and cannot be reopened. If any representative disagrees the matter goes to protest.

17.4.2. If there was a breach of a rule by one or more of the boats involved. The representative(s) of the offending boat(s) have the option of accepting a 30 percent scoring penalty (calculated as in rule 44.3(c)) or submitting the matter to the protest committee for a hearing. If the penalty is accepted, the matter cannot be reopened or made the subject of a redress request

17.4.3. The matter should go to the protest committee for a hearing.

17.5. When the protest is referred to the protest committee, the arbitrator will not be a member of the protest committee that hears the protest, but will be allowed to observe the evidence presented and to provide testimony.

18. Safety

18.1. A boat retiring from a race should notify the RC before leaving the racing area or as soon as possible.

18.2. For matters concerning safety, boats may contact the RC by VHF radio channel 78 on the primary or alternate operating channel posted on the Official Notice Board.

18.3 All Personal Flotation Devices (PFDs) must be U.S. Coast Guard approved, in serviceable condition and readily accessible – including throwable flotation devices.

19. ASSUMPTION OF RISK AND RELEASE OF LIABILITY – By participating in the regatta, each boat owner, skipper and crew agree to sail and use the Austin Yacht Club facilities at his or her own risk. To the fullest extent permitted under Texas law, each boat owner, skipper and crew unconditionally and irrevocably release and discharges the Austin Yacht Club, their Officers, Board of Directors, agents, and all other persons who assist in maintaining equipment or in organizing and/or conducting races from all claims and legal liability for personal injury, death or property damage incurred in connection with the regatta and caused by negligence.