



SAILING INSTRUCTIONS 2018 FROSTBITE SERIES

1. **Rules** - The Series will be governed by the rules as defined in The World Sailing Racing Rules of Sailing 2017-2020 (RRS) Part 1, Part 2, and Appendix A, and these Rules.
2. **Notices to Competitors** will be posted on the Official Notice Board located on the northeast-facing wall of the AYC clubhouse, lower level.
 - 2.1. Any changes to the Sailing Instructions will be posted on the Official Notice Board, no later than 60 minutes before the first signal of the day, with code flag L on the AYC flagpole.
3. **Signals Made Ashore**
 - 3.1. Signals made ashore will be displayed from the AYC flagpole.
 - 3.2. When a signal is displayed over a class flag it applies to that class only.
 - 3.3. When the AP flag is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in Race Signals AP.
4. **Schedule of Races** - Dates of Races for all classes are listed in the Series Notice of Regatta (NOR). The scheduled time of the warning signal for the first race each day is 13:30.
 - 4.1. The completion of one race constitutes a Series.
 - 4.2. The Low Point scoring system of Appendix A of these rules will be used, as defined in the NOR.
5. **Check in by Competitors – This is an AYC Requirement**
 - 5.1. In order to be scored, each boat must check-in with the Race Committee on-the-water.
 - 5.2. Each boat racing must sail behind the Race Committee boat on Starboard tack and hail in the following order: “the Class/fleet she will be sailing in”, “spinnaker” or “non-spinnaker”, “the Type of boat she is” and lastly “her Sail Number”, and receive an acknowledgment from the Race Committee.
 - 5.3. Boats checking in must check-in prior to the first signal of the day, or only during their start sequence and before the Preparatory flag is dropped in the sequence.
 - 5.4. Boats not properly checking in may be scored points equal to DNS.
6. **Class Flags** - Class Flag designations will be numeral pennants.
7. **Courses**
 - 7.1 Pre-defined Long Distance courses are shown on the 2018 LD Course Card, which will be available at the AYC Clubhouse or in the Race Committee room. When using pre-defined LD courses, the course number will be shown on the course ladder at the stern of the RC boat.
 - 7.2 When there is not an appropriate Long Distance course on the Course Card, RC may choose to post a course made of any combination of AYC permanent marks, marks 3 through 12, and a temporary inflatable mark (W, L or R).

7.2.1 Code Flag C is flown at the warning signal, to indicate that a course not on the Long Distance Course Card will be used.

7.2.2 The course will be shown on a white marker board, at the preparatory flag. Plain letters (not underlined) indicate marks to be rounded to port, and underlined letters indicate marks to be rounded to starboard. “W”, “L” or “R” will indicate a temporary windward, leeward or reaching mark, if used.

7.2. For the Multihull fleet, RC will provide two courses: a longer course for the Multihull “A” Fleet, and a shorter course for the Multihull “B” Fleet.

8. Marks

8.1. Marks for the Long Distance course include permanent numbered marks or AYC permanent letter marks which are shown on the current AYC Long Distance Course Card, or yellow tetrahedron inflatable marks used as a temporary windward, leeward or reaching mark. The Start / Finish Line mark will be a White Ball buoy.

9. Time Limits

9.1. For Long Distance (LD) courses, the time limit for each race will be three (3) hours for the first boat to sail the course and finish. Boats failing to finish within 60 minutes after the first boat in her class sails the course and finishes, will be scored points equal to DNF. (TLE).

9.2 Boats may be finished in place, if their finishing position can be correctly determined, or if a boat agrees to be finished in place. Her finish time will be adjusted so as not to finish in front of boats who finish within the time limit.

10. Obstructions

10.1. The starting area is the area within 100 yards of the starting line. Within this area, boats whose warning signal has not been made shall keep clear of this area, and shall keep clear of all boats whose warning signal has been made.

10.2. All marked swim areas and dive areas are out of bounds. If “X” mark is present, all boats are not to sail between “X” mark and Windy Point.

11. The Start

11.1 The starting line will be between an orange line flag on the port side of the Race Committee boat and a white ball buoy on the port side.

11.2 The start sequence may be broadcast on the Primary VHF Race Committee Channel 78.

11.3 The Starting Signal will be as described in the Racing Rules of Sailing under Rule 26.

12. Recalls

12.1 The RC may attempt to promptly broadcast the sail number of each recalled boat on the primary VHF channel 78. The following shall NOT be grounds for redress:

12.1.1 Failure of a boat to receive the recall broadcast.

12.1.2 Failure of the RC to broadcast recall numbers.

12.1.3 A boat’s position in the sequence of broadcast numbers.

12.2 A class that has a General Recall will go to the end of the starting sequence for its start.

13 Change of Course - For Long Distance (LD) courses; the Race Committee may not change the direction or length of any leg of the course after the start. This modifies rule 33.

14 The Finish

- 14.1 The finish line will be between an orange line flag on the port side of the Race Committee boat and a white ball buoy on the Port side.
- 14.2. After starting, the finish line is an obstruction, except when on the last leg of the course. Boats that sail through this obstruction will immediately be scored points equal to DNF. This modifies Rule 28.1.
- 14.3 If a Long Distance Course must be shortened, the finish line will be at a mark to be rounded.
 - 14.3.1 The finish line will be between an Orange Flag on a Chase Boat and the mark to be rounded.
 - 14.3.2 The Chase boat will set up at a mark on the side that the boats must round. The “S” flag and orange flag must be posted prior to the first boat of that class rounding the mark, with two sound signals.
 - 14.3.3 A course board will show which class is having their course shortened.
 - 14.3.4 Classes not being shortened at that mark, will continue to sail their designated course.

15. Scoring – The scoring is defined in the NOR.

16. Protests - Written protests shall be filed with a Race Committee representative in the AYC office. Protests shall be filed within 30 minutes of the Race Committee boat docking after the race. Protests will be heard in the approximate the order of receipt, as soon as possible on the day of the race, or as soon as reasonably possible.

17. Mediation

- 17.1. Before any protest is scheduled for a hearing, a mediation meeting will be held for all protests citing alleged breaches of the rules of Part 2 of the Racing Rules of Sailing that involves only two boats. This modifies rules 63.1.
- 17.2. After a written protest form is delivered, one designated representative, in compliance with rule 63.3(a), for each party will appear with a mediator. No witnesses are permitted during mediation.
- 17.3. After hearing the testimony of each representative the mediator shall reach one of the following conclusions:
 - 17.3.1. There was no breach of a rule or the protest is invalid. If the representatives agree, the protest is withdrawn and cannot be reopened. If any representative disagrees the matter goes to the protest.
 - 17.3.2. There was a breach of a rule by one or more of the boats involved. The representative(s) of the offending boats(s) have the option of accepting a 40 percent alternative penalty (calculated as in rule 44.3(c)) or submitting the matter to the protest committee for a hearing. If the penalty is accepted, the matter cannot be reopened or made the subject of a redress request.
 - 17.3.3. The matter should go to the protest committee for a hearing.
- 17.4. When the protest is referred to the protest committee, the mediator will not be a member of the protest committee that hears the protest, but will be allowed to observe the evidence presented and to provide testimony.

18. Safety

- 18.1. The level of Lake Travis fluctuates, so beware of shallow spots.
- 18.2. A boat retiring from a race shall notify the RC before leaving the racing area or as soon as possible.
- 18.3. For matters concerning safety, boats may contact the RC by VHF radio on the primary or

alternate operating channel posted on the Official Notice Board.

19. Disclaimer of Liability - By participating in the Series, each boat owner, skipper and crew agree to sail and use the Austin Yacht Club facilities at his or her own risk. To the fullest extent permitted under Texas law, each boat owner, skipper and crew unconditionally and irrevocably release and discharges the Austin Yacht Club, their Officers, Board of Directors, agents, and all other persons who assist in maintaining equipment or in organization and/or conducting races from all claims and legal liability for personal injury, death or property damage incurred in connection with the regatta and caused by negligence.