



SAILING INSTRUCTIONS

2019 FROSTBITE SERIES

1. **Rules** - The Series will be governed by the rules as defined in The World Sailing Racing Rules of Sailing 2017-2020 (RRS) Part 1, Part 2, and Appendix A, and these Rules.
2. **Notices to Competitors** will be posted on the Official Notice Board located on the northeast-facing wall of the AYC clubhouse, lower level.
 - 2.1. Any changes to the Sailing Instructions will be posted on the Official Notice Board, no later than 60 minutes before the first signal of the day, with code flag L on the AYC flagpole.
3. **Signals Made Ashore**
 - 3.1. Signals made ashore will be displayed from the AYC flagpole.
 - 3.2. When a signal is displayed over a class flag it applies to that class only.
 - 3.3. When the AP flag is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in Race Signals AP.
4. **Schedule of Races** - Dates of Races for all classes are listed in the Series Notice of Regatta (NOR). The scheduled time of the warning signal for the first race each day is 13:30.
 - 4.1. The completion of one race constitutes a Series.
 - 4.2. The Low Point scoring system of Appendix A of these rules will be used, as defined in the NOR.
5. **Check in by Competitors – This is an AYC Requirement**
 - 5.1. All competitors are required to register On-the-Water, by checking in with RC personnel on the Signal Boat. Boats not properly checking in may be scored DNS.
 - 5.1.1. Competitors shall sail by the stern of the Signal Boat on Starboard and announce **in this order: Fleet / Sail Number / Boat type** (only for Handicap fleets) and “Non-spinnaker” – (only for PHRF, only if sailing non-spinnaker)
 - 5.1.2 Boats must check-in prior to the first signal of the day, or only during their start sequence and before their Preparatory flag is dropped in their sequence.
 - 5.2. The starting area is the area within 100 yards of the starting line. **Within this area**, boats whose warning signal has not been made shall keep clear of all boats whose warning signal has been made.
6. **Class Flags** - Class Flag designations will be numeral pennants. The order of starts, class flags, fleets and type of course for each fleet, is posted as a separate document on the Official Notice Board.
7. **Courses**
 - 7.1 The course designation for each Class will be posted at the warning signal and will come down shortly after the start signal. This modifies RRS 27.1.
 - 7.2 The course designation will be displayed on the course board ladder at the stern of the starting RC boat, or will be written on a marker board displayed from this same general area. The first number in the sequence will indicate the start number, and the letters and numbers that follow will indicate the course to be sailed, as described in 7.3 and 7.4.
 - 7.3 Pre-defined Long Distance courses are shown on the 2018 LD Course Card, which is available just outside the Race Committee room, and on the AYC website under “Race Documents”.

7.4 When there is not an appropriate Long Distance course on the Course Card, RC may choose to post a course made of any combination of AYC permanent marks, marks 3 through 12, and temporary inflatable marks (“W” or “L”).

7.2.1 Code Flag C is flown at the warning signal, to indicate that a course not on the Long Distance Course Card will be used.

7.2.2 The course will be shown on a white marker board, at the Warning flag. Plain letters (not underlined) indicate marks to be rounded to port, and underlined letters indicate marks to be rounded to starboard. “W” or “L” will indicate a temporary Windward mark or Leeward mark, if needed.

7.5 For the Multihull fleet, RC will provide two courses: a longer course for the Multihull “A” Fleet, and a shorter course for the Multihull “B” Fleet.

8. Marks

8.1. Marks for the Long Distance course include permanent numbered marks or AYC permanent letter marks which are shown on the current AYC Long Distance Course Card, or yellow tetrahedron inflatable marks used as a temporary Windward or Leeward mark. The mark for the Start / Finish Line will be a White Ball buoy.

9. Time Limits

9.1. For Long Distance (LD) courses, the time limit for each race will be three (3) hours for the first boat to sail the course and finish. Boats failing to finish within 60 minutes after the first boat in her class sails the course and finishes, will be scored points equal to DNF. (TLE).

9.2 Boats may be finished in place, if their finishing position can be correctly determined, or if a boat agrees to be finished in place. Her finish time will be adjusted so as not to finish in front of boats who finish within the time limit.

10. Obstructions

10.1. The starting area is the area within 100 yards of the starting line. Within this area, boats whose warning signal has not been made shall keep clear of all boats whose warning signal has been made.

10.2 After the start, the Start/Finish Line is an obstruction, except when on the last leg of the course. Boats that sail through this obstruction will immediately be scored points equal to DNF.

10.2.1. A boat may correct any errors to comply with this rule, provided she has not finished. This modifies RRS 28.1

10.3 All marked swim areas and dive areas are considered obstructions.

10.4 If “X” mark is present, the area between “X” mark and Windy Point is an obstruction.

11. The Start

11.1 The Race Committee may alert the competitors prior to the first start sequence, and again prior to the second start sequence, with a series of short blasts (more than 6) approximately 1 minute prior to the starting sequence.

11.2 The starting line will be between an orange line flag on the port side of the Signal Boat and a white ball buoy on the port side.

11.3 The start sequence may be broadcast on the VHF Channel 78.

11.4 The Starting Signal will be in accordance with RRS 26.

12. Recalls

- 12.1 The RC may attempt to promptly broadcast the sail number of each recalled boat on the primary VHF channel 78. The following shall NOT be grounds for redress:
- 12.1.1 Failure of a boat to receive the recall broadcast.
 - 12.1.2 Failure of the RC to broadcast recall numbers.
 - 12.1.3 A boat's position in the sequence of broadcast numbers.
- 12.2 A class that has a General Recall will go to the end of the starting sequence for its start. This changes RRS 29.2.

- 13. Change of Course** - For Long Distance (LD) courses; the Race Committee may not change the direction or length of any leg of the course after the start. This modifies RRS 33.

14 The Finish

- 14.1 The finish line will be between an orange line flag on the port side of the Signal Boat and a white ball buoy on the Port side.
- 14.2 If a Long Distance Course must be shortened, it will be in accordance with RRS 32.2.
- 14.2.3 A course board or class flag will show which class is having their course shortened.
 - 14.2.4 Classes not being shortened at that mark, will continue to sail their designated course.

- 15. Scoring** – The scoring is defined in the NOR.

- 16. Protests** - Written protests shall be filed with a Race Committee representative in the AYC office. Protests shall be filed within 30 minutes of the Signal Boat docking after the race. Protests will be heard in the approximate the order of receipt, as soon as possible on the day of the race, or as soon as reasonably possible.

17. Arbitration

- 17.1. Appendix T, Arbitration, shall apply. Before any protest is scheduled for a hearing, an Appendix T Arbitration meeting will be held for all protests citing alleged breaches of RRS Part 2 or RRS 31.
- 17.2 One designated representative, in compliance with RRS 63.3(a), for each party will appear with an arbitrator. No witnesses are permitted during arbitration.

18. Safety

- 18.1. The level of Lake Travis fluctuates, so beware of shallow areas.
- 18.2. A boat retiring from a race shall notify the RC before leaving the racing area or as soon as possible.
- 18.3. For matters concerning safety, boats may contact the RC by VHF radio on the primary or alternate VHF channel posted on the Official Notice Board.

- 19. Disclaimer of Liability** - By participating in the Series, each boat owner, skipper and crew agree to sail and use the Austin Yacht Club facilities at his or her own risk. To the fullest extent permitted under Texas law, each boat owner, skipper and crew unconditionally and irrevocably release and discharges the Austin Yacht Club, their Officers, Board of Directors, agents, and all other persons who assist in maintaining equipment or in organization and/or conducting races from all claims and legal liability for personal injury, death or property damage incurred in connection with the regatta and caused by negligence.